

The Primary Health Care Mental Health Promotion Specialist (MHPS) is an integral member of a multi-disciplinary Primary Health Care team that promotes health and wellness within the community. The MHPS, guided by NRHA Primary Health Care principles is particularly interested in improving mental health status across the lifespan of the residents of the NOR-MAN Region. This will be achieved through his/her expertise in mental health promotion, public and professional education and prevention/wellness activities. The MHPS will be responsible for the promotion and uptake of emerging best practices in mental health promotion including Mental Health First Aid, Youth Mental Health First Aid, Applied Suicide Intervention Strategies Training, (Asist) and Aboriginal Youth suicide prevention programming. The MHPS will also practice within the context of Co-Occurring Disorders Initiative (CODI), the Manitoba Suicide Prevention Strategy and the Youth Suicide Prevention Strategy.

The NRHA endorses the Principles of Harm Reduction and as per policy, all staff working within the Primary Health Care Center will establish a context that supports individuals, families and communities in making healthy decisions directed toward reducing or containing the adverse health, social and economic consequences of behaviours, attitudes and environments that may increase risk to a person's health.

This position requires a successful completion of a Criminal Records and Child Abuse Registry check. Flexibility with regards to hours of work, as work schedules may include evenings and weekends.

## **QUALIFICATIONS**

### ***Formal Education and/or Training:***

- Baccalaureate degree/Diploma in a relevant health care profession (Psychiatric Nursing, Registered Nursing, Social Work, Occupational Therapy).

### ***Experience:***

- Two years experience in Psychiatric/Mental Health practice or the community development and health promotion field.

### ***Other Skills/Product Knowledge:***

- a) Demonstrates skills in mental health promotion and evaluating mental health and wellness.
- b) Demonstrates skills in areas specific to the Primary Health Care teams, such as but not limited to:

- Infant/Child – child development and developmental disorders; early identification and intervention of psychosis; social risk factors; Positive Parenting Program; suicide prevention
  - Men's/Women's' – preventative and assessment screening tools; community trauma response; CODI; therapeutic group modalities
  - Senior's – Alzheimer's Disease and associated dementias; healthy aging and aging in place
- c) Ability to facilitate learning based on learner's age, learner's educational level and need/or readiness to learn in either the one-on-one or group setting.
  - d) Ability to provide guidance in orientation of new staff as well as the education of health care professional students.
  - e) Knowledge and familiarity with northern cultures and population to be served.
  - f) Ability to speak Cree is an asset.
  - g) Ability to develop positive interpersonal relationships with internal and external partners.
  - h) Ability to work independently, using own initiative and judgement.
  - i) Knowledge of computer operation and ability to use the Internet.
  - j) Understands the benefits of research in service provision.
  - k) Understands the principles of statistics collection and research projects and the role they play in identifying Best Practices.
  - l) Valid driver's license and willingness to travel in region throughout the year.
  - m) Residence in or relocation to the service area is required.
  - n) Physical and mental health to meet the demands of the position.

**For Further information please contact [recruit@normanrha.mb.ca](mailto:recruit@normanrha.mb.ca)**